I am at the hospital to feel better. The doctors and nurses are going to help me.

The doctors may not look like my usual doctor or therapist but I am safe here.

They will put on a yellow gown to keep their clothes clean.

They will put on gloves to keep their hands clean.
Visual Schedule: PPE

They will wear a face mask and shield to cover their mouth and nose.

I will wear a mask too. It may be hard to see them but they are here to help take care of me.

When I am better, I will go home.

I have lots of people who love me and will help take care of me.

Teaching stories and visual schedules are effective learning tools for children with special needs. Showing your child teaching stories multiple times before your child’s medical visit may help them understand what to expect. Using visual schedules during the medical visit can improve cooperation.

Our goal is to reduce the stress of the visit and improve your child’s overall experience at Children’s National. We welcome any feedback or questions: Autism Behavioral Consult 202-476-2884.