Teaching Story:

GETTING AN IV

ChildrensNational.org
Welcome to Children’s National!
Inside the hospital, I go to the welcome desk. My parents get a sticker. I take the elevator to the 3rd floor to the Cardiac Clinic. Cardiac means heart.
I need an IV for my medicine.

I can hold my favorite toy, teddy, or blanket.
My IV nurse comes to my room and checks my ID bracelet.
I can lay down or sit up.

My parent can stand beside me and hold my hand.
My IV nurse wraps a band around my arm or hand.

This may feel like a tight squeeze. It only lasts for a short time.
The IV nurse looks at my arm.
I can do things with my other hand like hold my parents’ hand, hold my toy, or watch a show.
I do not move my arm.

I sit still and I do not move.
My IV nurse holds my arm and puts a tiny tube on my skin.

I may feel something and I am safe.
I do not move my arm. If I don’t want to look at the tube, I can look away at my parents, at my toy, or at a video.
My IV nurse uses different kinds of tape to keep my IV in place.
The IV might be in my arm or my hand.
After the IV is taped, I can have a soft board or a soft covering to keep my new IV in.
I am all done!
I can have a reward, like stickers, for doing such a great job!!
I keep my IV at the hospital. I do not pull it or pick it. If it hurts, I can tell my parents or my nurse. Before I go home, my nurse takes my IV off.
To request Child Life support for an IV placement, ask your nurse or call 202-476-8939.

For additional visual supports or resources for medical visits, contact Autism Behavioral Consult program:
  Phone: 202-476-2884
  E-mail: ABCconsultteam@childrensnational.org
  Website: http://childrensnational.org/autismvisualresources

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Elmo is a Muppet character of Sesame Street