Visual Schedule: My Hearing Test

I go to the Hearing and Speech office or hospital. When I get there, I wait until it is my turn. I sit in on the chair. I can sit by myself or sit in my parent’s lap.

The staff member will put a small ear bud inside my ear. A vibrating sound will flow through my ear with different sounds.

I will sit in the chair by myself. The staff member will show me different stuffed animals hidden behind a glass box. I will turn my head when I hear a sound.

Now I will put on my headphones. I will do a “Play test”, this is fun. Anytime I hear a sound, I add a block to the board.

I am all done. Now, I can have a reward, like a sticker, if they have one.

I did a great job.

Teaching stories and visual schedules are effective learning tools for children with special needs. Showing your child teaching stories multiple times before your child’s medical visit may help them understand what to expect. Using visual schedules during the medical visit can improve cooperation.

Our goal is to reduce the stress of the visit and improve your child’s overall experience at Children’s National. We welcome any feedback or questions: Autism Behavioral Consult 202-476-2884.