

HOW TO USE YOUR PRIMARY CARE PROVIDER



Sometimes it is hard to know when to see your child's primary care provider or when to take your child to the Emergency Room. You don't need to go and wait in the Emergency Room for things your doctor can help your child with. Please see your child's primary care provider for the following situations.

When your child is sick, such as:

- Colds
- Ear infections
- Cough
- Fever
- Vomiting
- Diarrhea
- Rashes
- Sprained wrists and ankles
- Sports injuries



For well child visits, such as:

- Adolescent medicine
- Check-ups
- Immunizations
- School forms

Help with common childhood concerns:

- Behavioral problems
- Sleep issues
- School and learning difficulties
- Rashes
- Asthma
- Obesity

If your doctor is not immediately available, you should go to an Emergency Room in situations like these:

- Difficulty breathing
- Broken bones
- Swelling of lips or tongues
- Large cuts that won't stop bleeding
- Seizures

