

HOW TO OBTAIN HEALTH INSURANCE



There is free health insurance to cover you (including pregnant women) and the most important people in your life – your kids. It's called DC Healthy Families and it's for District residents who are without health insurance. In about a month, your family could be covered for doctors' visits, prescription medicines and vision and dental care – even pre-existing conditions. Better yet, free transportation is provided and you get to choose the health plan that's right for you.

Is My Family Eligible?

To qualify, you must live in the District of Columbia and meet income requirements. Many working families are eligible. You don't have to be a U.S. citizen. Some immigrants are eligible.

How Can My Family Apply?

It's simple. Fill out a DC Healthy Families/Medicaid application. To get an application, call 1-888-557-1116. You can also pick up an application at Giant, Safeway or CVS Pharmacy stores or a DC public library.

What Do I Need To Apply?

When you apply, simply mail the following with your completed application:

- Proof that you live in DC (*for example, utility or telephone bill, lease, rent receipt, or DC driver's license*)
- Proof of one month's income (*for example, pay stubs, letter from your employer, or other approval letters, such as TANF or food stamps*)
- Proof of your family's Social Security numbers (*for example, copies of Social Security card or other documents with Social Security number on it for children and parents who are applying*)

If I Need Help Completing the Application Or Have Other Questions, Where Do I Call?

Call 1-888-557-1116 between 8:00 am and 4:30 pm, Monday through Friday.

What Do I Do With My Application When It Is Complete?

A self-addressed, stamped envelope is enclosed with your application. Mail it to the Income Maintenance Administration (IMA) along with the proof of DC residency, copies of Social Security cards for all who are applying and proof of one month's income.

How Do I Know If My Children and I Are Eligible?

You will receive a letter within 45 days informing you of your family's eligibility.



If My Family Is Eligible, When Can I Go To A Doctor?

Once you receive your eligibility letter, you can go to a participating doctor.

Will My Family Receive An Insurance Card?

You will receive a second letter asking you to choose your health plan and primary care provider (or doctor). For your children, you will need to choose a pediatrician. When you have chosen your health plan and primary care provider (or doctor), you will receive health insurance cards for your family.

How Long Does My Eligibility Last?

Your eligibility lasts for 12 months. At least 60 days before your eligibility runs out, you will receive a letter asking you to update changes in your residency, income and family size. If your residency, income or family size changes during the 12 months, you must report the change within 10 days.

Now What?

Make a commitment to keep you and your children healthy by scheduling and attending regular visits to



your primary care provider for well child visits, such as: physicals, check ups, immunizations, adolescent medicine and school forms, and when your child is sick. (See the How to Use Your Primary Care Provider sheet.)

*This information was provided by the DC
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Administration via <http://www.dchealth.dc.gov>.*