



Maryland Referral and Directions Guide

**Referral pads are also available
for Northern Virginia and in Spanish.**

Email tbear@cnmc.org to request copies.



Maryland Referral and Directions Guide



Children's National
Medical Center

This appointment sheet does not take the place of your physician's referral.

*Please follow these directions. GPS systems often do not provide correct directions.

Children's National has other locations in Virginia and the District of Columbia. Visit www.ChildrensNational.org or call 888-884-BEAR for more information.

ANNAPOLIS REGIONAL OUTPATIENT CENTER

888 Bestgate Road, Suite 320
Annapolis, Maryland 21401
410-266-6582
410-266-0943 (f)

Directions:

Take Route 50 toward Annapolis. Exit on Bestgate Road/Rowe Boulevard (exit 24). Turn left onto Bestgate Road. Continue until you reach the center at 888 Bestgate. Turn right on Commerce Park Road to get into the parking lot.

FREDERICK REGIONAL OUTPATIENT CENTER

5910 Frederick Crossing Lane
Suite 100
Frederick, MD 21704
301-682-6661
301-682-6668 (f)

Directions:

FROM POINTS SOUTH: I-270 North towards Frederick. Merge onto MD-85 North/Buckeystown Pike via Exit 31A toward Market Street. Turn left onto Guilford Drive. Turn right onto Frederick Crossing Lane. The Center is the last townhouse on the left.*

FROM: I-70 EAST: I-70 East toward Frederick. Take MD-355 Exit 54 and turn a slight right onto MD-85. Turn right onto Guilford Drive. Turn right onto Frederick Crossing Lane. The Center is the last townhouse on the left.*

FROM US-15 SOUTH: US-15 South becomes US-40 East. Merge onto I-70 East/US-40 East toward Baltimore. Take the MD-355 Exit 54 and turn a slight right onto MD-85. Turn right onto Guilford Drive. Turn right onto Frederick Crossing Lane. The Center is the last townhouse on the left.*

LAUREL REGIONAL OUTPATIENT CENTER

Laurel Lakes Corporate Center
13922 Baltimore Avenue, Unit 4A
Laurel, MD 20707
240-568-7000/1-800-787-0006
240-568-7010 (f)

Directions:

FROM THE CAPITAL BELTWAY (495): Exit onto Route 1 going north into Laurel. Continue for 5.5 miles, through Beltsville. After you cross Contee Road (near Marlo Furniture) turn left on Cypress Street. Turn left on Laurel Lakes Avenue. The center is located on your left.

FROM THE BALTIMORE/WASHINGTON PKWY (MD 295): Exit onto Route 197 going toward Laurel. Turn left onto Contee Road (1.5 mile) and right onto Route 1 (Baltimore Avenue). Turn left on Cypress Street. Turn left on Laurel Lakes Avenue. The center is located on your left.

MONTGOMERY COUNTY REGIONAL OUTPATIENT CENTER AND AMBULATORY SURGERY CENTER

Shady Grove Medical Park
9850 Key West Avenue
Second and Fourth Floor
Rockville, MD 20850
301-765-5400/1-800-787-0243
301-294-0897 (f)
Ambulatory Surgery Center: 301-765-5500

Directions:

FROM THE CAPITAL BELTWAY (495): Take Exit 35/Route I-270 North towards Frederick. Take Exit 6B, Maryland Route 28 West. This will become Key West Avenue. After 2.5 miles cross Great Seneca Hwy. Shady Grove Medical Park is on the left.*

NEUROPSYCHOLOGY

Shady Grove Plaza
15245 Shady Grove Rd., Suite 350
Rockville, MD 20850
301-765-5430
301-765-5497 (f)
Concussion Clinic: 202-476-2429

Directions:

FROM POINTS SOUTH: I-270 North towards Frederick. Take exit 8, stay in left lane. Turn left onto Shady Grove Rd. After crossing over I-270, turn left at second light onto Corporate Blvd. Take the first or second left turn into the parking area of Shady Grove Plaza.

FROM POINTS WEST: I-270 South. Take exit 8 for Shady Grove Rd. Stay in the left of the two right-hand turn lanes. After turning right onto Shady Grove Rd., get in the far left lane and make a left onto Corporate Blvd. at the first light. Take the first or second left turn into the parking area of Shady Grove Plaza.

SPRING VALLEY (Washington DC Location)

4900 Massachusetts Avenue, NW, Suite 320
Washington, DC 20016
202-895-3860
202-895-3870 (f)

Directions:

FROM MARYLAND: Go south on Massachusetts Avenue, around Westmoreland Circle, into DC. At the first stoplight, turn right onto 50th Street, and left into the parking lot. Children's is located in the building facing Massachusetts Avenue at the far end of the parking lot.

FROM NORTHERN VIRGINIA: Cross Chain Bridge into DC and turn right onto Canal Road. Go south on Canal 1/2 mile, then turn left onto Arizona Avenue to MacArthur Boulevard. Turn left onto South Loughboro. Turn left onto Dalecarlia to Westmoreland Circle and take the first right onto Massachusetts Avenue, southbound. At the first stoplight after the circle, turn right onto 50th Street, then left into parking lot. Children's is located in the building facing Massachusetts Avenue at the far end of the parking lot.

UPPER MARLBORO REGIONAL OUTPATIENT CENTER

9440 Pennsylvania Avenue
Suite 210
Upper Marlboro, MD 20772
301-297-4000
301-297-4050 (f)

Directions:

FROM THE CAPITAL BELTWAY (495): Take I-495 to Exit 11A Pennsylvania Avenue. Continue on Pennsylvania passing 2 traffic lights. After the second light (Suitland Parkway), get into the far right lane. The lane will split. Bear right to Marlboro Pike. Continue through the traffic light. Travel 1/2 mile. You will pass Tuckers Restaurant on the right and see 9440 Pennsylvania Avenue on the left. Turn left at the second entrance next to the BB&T Bank.

FROM ROUTE 50 (ANNAPOLIS/BOWIE): Route 301 South. Take the Route 4 Washington Exit. Proceed on Route 4 approximately 5.8 miles to Dowerhouse Road (The first traffic light on Route 4). Turn left on Dowerhouse Road and then an immediate left at next traffic light. Proceed 1/2 mile. You will pass Tuckers Restaurant on the right and see 9440 Pennsylvania Avenue on the left. Turn left at the second entrance next to the BB&T Bank.

YOUR NEXT APPOINTMENT

Date

Time

Physician

Physician Specialty

Location

Please bring your insurance card, health plan authorization form, and co-payment to your appointment.

MARYLAND REFERRAL and DIRECTIONS GUIDE

	Annapolis	Frederick	Laurel	MoCo	MoCo Neuropsych	Spring Valley	Upper Marlboro
Adolescent Medicine							
Darlene Atkins, PhD							•
Lawrence D'Angelo, MD							•
Tomas Silber, MD							•
Allergy							
Jay Slater, MD				•			
R. Michael Sly, MD				•			
Audiology							
Patricia Craun, CCC-A							•
Maju Kaku, CCC-A			•				•
Joan Lacoss, CCC-A				•			
Irene Sideris, PhD			•				
Cardiology							
Jeffrey Becker, MD	•			•			
Stanley Beder, MD			•	•			•
Charles Berul, MD				•			
Linda Bradley-Tiernan, MD				•	•		
Sarah Clauss, MD	•		•	•			
Susan Cummings, MD	•						•
Elizabeth Greene, MD	•			•			
Ashraf Harahsheh, MD	•						•
Jonathan Kaltman, MD		•					•
Anita Krishnan, MD				•			•
Gerard Martin, MD	•	•		•			
Jai Nahar, MD		•		•			
Roger Ruckman, MD	•		•	•			•
Craig Sable, MD				•			
Christopher Spurney, MD				•			•
Dermatology							
Roselyn Epps, MD				•		•	
Developmental Pediatrics							
Elliott Gersh, MD			•				
Catherine Scheiner, MD				•			
Karen Summar, MD				•			
Ear, Nose, & Throat (Otolaryngology)							
Nancy Bauman, MD				•			
Sukgi Choi, MD			•	•			
Maria Pena, MD							•
Rahul Shah, MD				•			•
George Zalzal, MD			•	•			
Endocrinology & Diabetes							
Audrey Austin, MD			•				•
Fran Cogen, MD	•			•		•	•
Paul Kaplowitz, MD				•			
Rinku Mehra, MD				•			
Radha Nandagopal, MD				•		•	
Elizabeth Parker, MD	•		•				•
Priya Vaidyanathan, MD		•		•			
Gastroenterology							
Ali Bader, MD				•			
Laurie Conklin, MD			•				
Anil Darbari, MD		•		•			
Benny Kerzner, MD		•		•			
Parvathi Mohan, MD			•	•			
Sona Sehgal, MD	•						•
Genetics & Metabolism							
Kenneth Rosenbaum, MD				•			
Dina Zand, MD				•			

	Annapolis	Frederick	Laurel	MoCo	MoCo Neuropsych	Spring Valley	Upper Marlboro
Hematology							
Jay Greenberg, MD				•			
Nita Seibel, MD				•			
Ideal Clinic (Obesity)							
Michelle Mietus-Synder, MD						•	
Nazrat Mirza, MD						•	
Susma Vaidya, MD						•	
Infectious Disease							
Roberta DeBiasi, MD		•					
Nephrology							
Jonathan Heiliczer, MD			•	•			
John Hurley, MD			•	•			
Kanwal Kher, MD	•	•					•
Shamir Tuchman, MD		•					
Neurology							
Robert Avery, DO			•				
Dewi Depositario-Cabacar, MD				•			
Marc DiSabella, MD	•						
Donald Fishman, MD				•			
Andrea Gropman, MD	•						
Amy Kao, MD				•			
Roger Packer, MD				•			
Joseph Scheller, MD			•				•
Tammy Tsuchida, MD				•			
Adeline Vanderver, MD		•					
Neuropsychology (includes concussion and autism)							
Laura Anthony, PhD					•		
Kathleen Atmore, PsyD					•		
Madison Berl, PhD					•		
Angela Bollich, PhD					•	•	
Gerard Gioia, PhD					•		
Laura Kenealy, PhD					•		
Lauren Kenworthy, PhD					•		
Lauren Krivitzky, PhD					•		
Christopher Vaughn, PsyD					•		
Karin Walsh, PsyD					•		
Ben Yerys, PhD					•		
Neurosurgery							
Robert Keating, MD	•						
Suresh Magge, MD	•						
Nutrition							
Kelly Sinclair, RD	•		•				•
Erin Davis, RD						•	
Occupational Therapy							
Laura Michels				•			
Ophthalmology							
Marlet Bazemore, MD			•				
Heather de Beauford, MD			•				
Kelly Hutcheson, MD				•			•
Marijean Miller, MD			•	•			
Jonathan Taylormoore, MD				•			•
Orthopaedics/Sports Medicine							
Nailah Coleman, MD				•			
John Lovejoy, MD	•			•			
Shannon McClure Kelly, MD	•		•				
Matthew Oetgen, MD			•	•			
Nancy Zonarich, PA	•	•					

	Annapolis	Frederick	Laurel	MoCo	MoCo Neuropsych	Spring Valley	Upper Marlboro
Physical Medicine and Rehabilitation							
Jeffrey Rabin, DO	•		•	•			
Physical Therapy							
Claire Wong, MSPT					•		
Becky Glickman					•		
Plastic Surgery							
Michael Boyajian, MD				•		•	
Gary Rogers, MD	•		•	•			•
Psychiatry/Psychology							
Kimberly Burgess, PhD				•			
Kathy Connell, LICSW				•			
Edgardo Menvielle, MD				•			
Adair Parr, MD						•	
Katherine Rettke, MD				•			
Jorge Srabstein, MD				•			
Pulmonary Medicine							
Hollis Chaney, MD	•			•			
Sarika Joshi, MD	•						
Anastassios Koumbourlis, MD				•			
Jenny Lew, MD				•			
Folsade Ogunlesi, MD				•			
Rheumatology							
Lawrence, Jung, MD			•	•			
Speech-Language Pathology							
Marsha Harris, PhD				•			
Stephanie Nixon, PhD			•				
Emily Quinn, CC-SLP				•			
Jessica Rhen, CC-SLP				•			
Mindi Stavish, SLP							•
Surgical Consult							
Alfred Chahine, MD						•	
Martin Eichelberger, MD	•						
Cynthia Gingalewski, MD			•				
Timothy Kane, MD		•					
Evan Nadler, MD						•	
Kurt Newman, MD						•	
David Powell, MD	•						•
Anthony Sandler, MD				•			
Urology							
A. Barry Belman, MD			•				
Christine Danielson, NP	•		•	•			
Nadia Kalloo, MD	•		•				•
Mary Micker, NP				•			
H. Guilford Rushton, MD		•		•			
Stephen Sparks, MD			•	•			



Children's National
Medical Center

www.ChildrensNational.org