

**Policy on Resident Moonlighting
Graduate Medical Education Committee
Children's National Medical Center**

- I. **Scope:** This policy applies to all residents in training programs at Children's National Medical Center (CNMC). This policy is designed to outline the procedures that a resident must follow to engage in patient care activities outside of CNMC.
- II. **Definitions:**
- Moonlighting is defined as professional and patient care activities that are external to the educational program.
 - The term "resident" refers to all graduate medical trainees, including interns, residents, and fellows
- III. **Responsibility:**
- A. Residents
- i. Residents are not required to engage in moonlighting.
 - ii. Residents with J-1 or H-1B visas are not permitted to engage in moonlighting activities.
 - iii. Residents are required and responsible for obtaining a **prospective** written statement of approval from their Program Director that is made part of the resident's file.
 - iv. Moonlighting without formal approval will result in adverse disciplinary action.
 - v. While engaging in moonlighting activities outside of CNMC, the resident does not serve as an employee or agent for CNMC. Residents engaging in moonlighting must be licensed for unsupervised medical practice in the state where the moonlighting occurs.
 - vi. CNMC does not provide professional liability for moonlighting activities.
 - vii. Internal moonlighting (moonlighting at CNMC) hours count towards the cap in duty hours for the resident.
- B. Program Directors
- i. The Program Director is responsible for monitoring resident performance to ensure that the moonlighting workload is not interfering with resident's ability to achieve the goals and objectives of the program. Adverse effects may lead to withdrawal of permission.
 - ii. The Program Director is responsible for tracking and documenting resident moonlighting work-hours.
 - iii. The Program Director must acknowledge in writing that he/she is aware of the residents' specific moonlighting activities.

Approved by CNMC GMEC: April 20, 2005
Revised February 2008:



Bernhard L. Wiedermann, M.D.
Chair, GMEC

Resident Moonlighting Permission Form

<i>To Be Completed by Resident</i>	
Name: _____ Program: _____	
The moonlighting responsibilities, including date(s), institution, location, and activities are listed below:	
<i>Please use initials where applicable</i>	
	I have the appropriate training and skills to carry out assigned moonlighting duties
	My total work hours, including moonlighting activities, will not exceed 80 hours per week averaged over 4 weeks.
	I am not on probation.
Resident's Signature: _____ Date: _____	
<i>To be completed by Program Director. Please use initials where applicable</i>	
	The moonlighting workload will not interfere with resident's ability to achieve the goals and objectives of the program. I will monitor resident's performance to assure that factors such as resident fatigue are not contributing to diminished learning or performance; or detracting from patient safety.
	The resident is not on academic probation.
	I will monitor and document the total number of hours, and the nature of the workload of resident engaging in moonlighting.
	My signature below serves as formal acknowledgment and approval to this moonlighting request.
Program Director's Signature: _____ Date: _____	